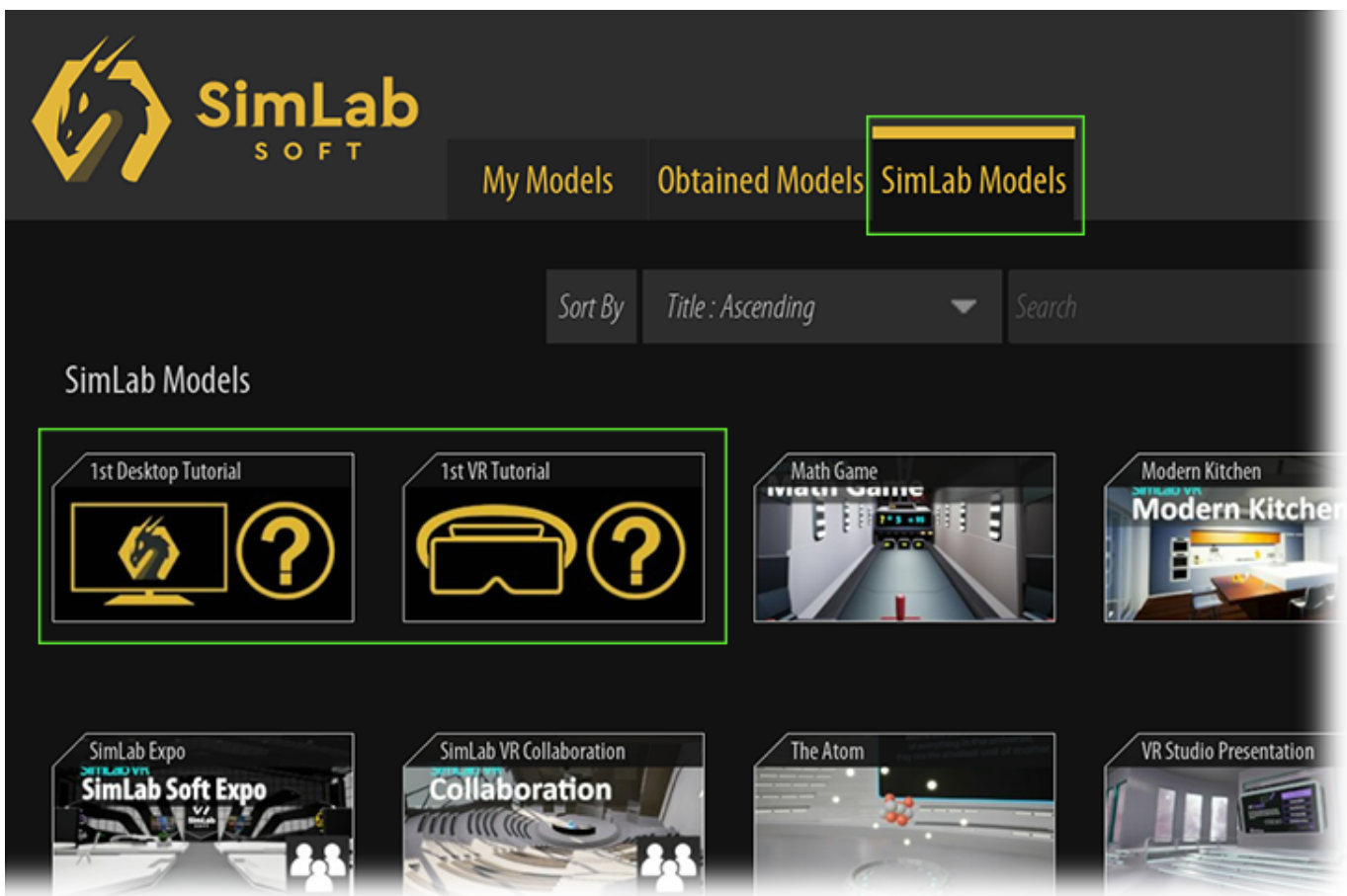


# Interactions and Navigation

## Becoming familiar with SimLab VR Viewer controls

If you're unfamiliar with the navigation and interaction controls in Desktop Mode or VR Mode, simply click on the **SimLab Models** tab and select the "**1st Desktop Tutorial**" or "**1st VR Tutorial**" experiences. These tutorials will guide you through all the necessary steps, enabling you to master the use and operation of the VR experiences.



*Note: We recommend watching the demonstration videos for each of your selected trial Medical VR Experiences. This will help you familiarize yourself with the content and ensure a seamless experience.*

## Next : Purchasing Medical VR Experiences

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